Nieuwe technologie – nieuwe jeugd?

Jochen Peter

Leusden, mei 2015
Use social media among Dutch youth

Base: 1,213 Dutch adolescents, 13-17 years old, May 2015
Overview

1. Social media – why they are so attractive
2. Social media – what they mean for adolescent development
3. Future developments – how they may change adolescents
Characteristics of digital information

1. Storability
Characteristics of digital information

1. Storability
2. Replicability
Characteristics of digital information

1. Storability
2. Replicability
3. Searchability/Retrievability
Characteristics of digital information

1. Storability
2. Replicability
3. Searchability/Retrievability
4. Distributability
Characteristics facilitate perceived controllability

Characteristics of digital information
- Storability
- Searchability
- Replicability
- Distributability

Asynchronicity of communication

Accessibility of others and content

Editability of content

Perceived controllability of communication in social media
- What
- How
- When
- To whom
Controllability facilitates practicing developmental skills

<table>
<thead>
<tr>
<th>Developmental skill</th>
<th>Developmental goal</th>
</tr>
</thead>
<tbody>
<tr>
<td>Self-presentation</td>
<td>Identity</td>
</tr>
<tr>
<td>Self-disclosure</td>
<td>Intimacy</td>
</tr>
<tr>
<td>Sexual exploration</td>
<td>Sexual self</td>
</tr>
</tbody>
</table>
Sugababes: Anaanaana (13)
CU2: DarkFabian666 (16)

nicknames: DarkFabian666
geboortedatum: 14-1-2006
leeftijd: 16
status: offline
laatst gewijzigd: 14-3-2006
laatst actief: 24-2-2006
voornaam: Fabian
woonplaats: Amsterdam
provincie: Noord-Holland
gezinsleden: 1
biseksueel
status: bezet

people laugh because I'm different. I laugh because they're all the same.
Identity formation

- **Self-esteem**
  Social media use increases self-esteem, if use is not compulsive.

- **Self-concept clarity**
  Social media use neither hinders nor improves adolescents‘ self-concept clarity.
Intimacy development (1)

Friendship formation

• Rich-get-richer effect
• Social compensation effect, if...
  ... motivation to overcome problems of FtF communication
  ... use of social media is not compulsive
  ... if online communication has a positive character
Intimacy development (2)

Quality of friendships

• Stimulation effect
  • Controllability facilitates self-disclosure
  • Higher self-disclosure stimulates quality of friendships

• In earlier research (1990‘s, early 2000‘s): Displacement effect
  • Boundary condition 1: Majority of people was offline
  • Boundary condition 2: Social media facilitated contact with strangers
Intimacy development (3)

Cyberbullying

- Characteristics of victims of cyberbullying
  - Internalizing problems (e.g., anxiety, depression)
  - Often victim of offline bullying
  - Frequent use of Instant Messaging, webcams, and SNS

- Symptoms associated with being bullied online
  - Increased social anxiety
  - Depression
  - Aggression
  - School problems
Sexual self (1)

Effects of use of internet pornography

• Casualization
• Stereotypization
• Ambiguation
Sexual self (2)

• Sexual risk behavior – psychological correlates
  • Sensation seeking
  • Reduced life satisfaction
  • Lower perceived risks
  • Lower perceived own vulnerability

• Sexual risk behavior – social correlates
  • Lower family cohesion
  • Peer behavior
  • Peer attitudes
Future developments

• Identity/ Self-presentation – Mass self communication
• Intimacy/ Self-disclosure – Digital crowing, dataification
• Sexual self/ Exploration – Changing private-public boundaries