Prof. dr. ir. Daan Kromhout

Professor Daan Kromhout has been awarded an Academy Professorship for his excellent track record in the field of nutritional epidemiology. His research focuses on the relationships between diet and cardiovascular diseases. He was the first to demonstrate that eating a small amount of fish and a moderate intake of strong antioxidants lower the risk of cardiovascular diseases. He also described the features of the classical Mediterranean dietary pattern and its association with cardiovascular mortality. The results of his research form the basis for national and international recommendations for a healthy diet and for prevention of cardiovascular diseases. His work has been published in high-impact journals such as New England Journal of Medicine, Journal of the American Medical Association and the Lancet. Kromhout has received several national and international awards for his research achievements, including the prestigious Federa Prize from the Dutch Federation of Biomedical Scientific Societies for his research on diet and cardiovascular diseases, and the Silver Medal of the European Society of Cardiology for his contribution to preventive cardiology. He has supervised many PhD students who now themselves hold eminent positions, and has attracted excellent young researchers. Expectations of his future research and further contributions to the next generation of researchers are high. His work will be greatly assisted by the award of an Academy Professorship.